

Broccoli Beef

Ingredients:

1 pound frozen broccoli

1 pound steak stirfry strips

Teriyaki sauce

Step 1: Wash hands and meat

Step 2: Pour a little oil into a frying pan and grill steak on stove top

Step 3: Cook frozen broccoli in microwave

Step 4: Drain steak juice from frying pan (After steak is cooked)

Step 5: Pour a thick layer of teriyaki sauce into the frying pan and combine steak and broccoli

Step 6: Continue cooking broccoli and steak together while flipping the steak and broccoli from the bottom of the pan to the top

Step 8: Transfer the broccoli beef from the frying pan into a large bowl to serve

Step 9: Enjoy!